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Image copyright Image caption Image caption Armitron produces a line of digital sports watches with models designed for men and women. This watch is equipped with a variety of basic functions, including alarm and chronometer; however, in order to prepare the device for use, the wearer must first enter the current date and time. The customization process remains fairly consistent from one model to another, but because the button mechanisms may differ, the user should check the markings on view to determine which controls to use. Step 1 Examine the face of the watch and find buttons marked Mode, Adjust and Alarm. Press the Mode button again until the time display appears on the watch. Hold the Mode button until you see the alarm display and then release the button. Hold the Mode button a second time to get into time setting mode. Step 2 Hold the Alarm button. Tap the Mode button to switch between the 12-hour and 24-hour display setup. Select settings and then release the Alarm button to confirm your choice. Hold the Adjust button. Click Mode to switch between the U.S. and European calendar settings. Select the setting and then release the Adjust button to confirm your choice. Step 3 Click the Alarm button to set the current setting seconds to zero, then click the Adjust button to go to the minutes settings. Click the Alarm button repeatedly to start increasing the current setting of minutes; Hold the Alarm button to allow you to cycle in minutes faster. Click the Adjust button to go to the watch settings, and then use the Alarm button to enter the desired setting. Step 4 Use the Alarm and Adjust buttons to enter the current date and day of the week. Click Mode to save settings. To access the calendar, hold the Adjust button; release the button to return to the time display. To use the chronometer function on the watch, click the Mode button once; Use the Adjust button to start and stop the chronometer, alarm button to reset the chronometer or Mode button to get back to the time display. The watch is waterproof but not water-proof. Do not try to press any of the buttons on the watch if the device is submerged in water. While the night light function on the watch may be convenient, overuse drains the device's battery. To set the time for the Armitron Pro Sport, click the Mode button until the time display opens. Hold the mode button until the alarm goes off and then release it. Hold the mode again to gain access to the screen on which the time is set. Tap and hold the Alarm button, and use the Mode button to choose between 12- or 24-hour hours; release the Alarm button, Select. Hold the Adjust button and use the Mode button to select the settings of the American or European calendar; adjust for confirmation. Use the Alarm button to set seconds to zero, and go to the function of minutes minutes adjustment button. Press and hold the alarm until the correct minutes are set. Change the watch function by clicking Adjust, and then use Alarm to select the hour. To complete the Armitron Pro Sport, set the date and day of the week by clicking Alarm and Adjust accordingly. Press mode to save. The calendar installed on the Armitron Pro Sport can be obtained at any time by holding the Adjustment button. Let go of the button automatically returns it to the time display. The watch is also equipped with a chronometer, which can be accessed with a single-press Mode button. The Adjustment button starts and stops the chronometer, while the Alarm button completely resets it. Go back to the time display with another touch of the Mode button. Home / Frequently asked questions Armitron Follow the instructions here, or watch our tutorial. How do I set my alarm on my Armitron Pro-Sport digital watch? Follow the instructions here, or watch our tutorial. How do I use my Armitron Pro-Sport digital watch? Follow the instructions here, or watch our tutorial. Where can I find an Armitron watch next to me? Check or store Locator for the seller closest to you or your desired location. How do I replace the battery in an Armitron watch? Battery life usually lasts 1-2 years, depending on the functions of the watch. We recommend that you contact the authorized Armitron service center or take the watch to a qualified jeweler/watchmaker to replace the battery. Batteries are not covered by a limited lifetime warranty. For more help, please contact our customer support team at toll-free (866) 631-0342 or email us servicedept@egluck.com how can I replace the belt on my Armitron Watch? If you are interested in buying a replacement strip/bracelet for your watch, please contact the authorized Armitron Service Center. For more help, please contact our customer support team at toll-free (866) 631-0342 or email us servicedept@egluck.com Where can I get additional links to my wristband watch? If you need additional links to increase your bracelet, please call or email our department parts at servicedept@egluck.com or toll free (866) 631-0342 and a representative will be happy to take your information and send you additional links. The first three links are free as housing. Please provide the model number at the back of the watch (i.e. 75/XXXXABC) to provide proper links. Do you send to countries other than the United States? Unfortunately, we are not currently shipping internationally, however our watches are available on Amazon and most major retailers. We have distributors in many countries to find out if we have one in your area, Email us on servicedept@egluck.com Armitron watch company manufactures sports and dress watches for men and women. It is available in many department stores, general retail stores and jewelry stores. According to Armitron's website, the company Watch the brand in many stores. Armitron watches are sold in more than 10,000 stores across the country, the company said in a statement. The Armitron WR330 is also called Armitron All-Sport or Chronograph Black Strap Digital Display Sport Watch #408125BLK. It takes several steps to set up the watch correctly. Press the button on the top left of the clock before the seconds flash, then press the button on the top right of the watch to turn seconds to zero. Click on the left bottom of the watch before the clock flashes. Press and hold the button at the top right of the watch to change the clock. Stop when the desired hour has been reached. Press the button on the left bottom side of the watch before blinking for a moment. Press and hold the button at the top right of the watch to change the minutes. Stop when the desired time has been reached. Click on the left bottom of the watch until the month blinks. Press and hold the button at the top right of the watch to change the month. Stop when the desired month has been reached. Click on the left bottom of the watch until the day date blinks. Tap and hold the button at the top right of the watch to change the date of the day. Stop when the desired date has been reached. Click on the left underside of the watch to confirm the change. Links Need to know how something works and you have lost the manual? Get some of the guides here. To find guides in pdf formats, enter the style number found on the back cover of the watch. Please insert a style number. On the back of the Armitron watch, please look for your 6-digit style number. The style number should start with two numbers or two letters, followed by fast forward and 4. If you have trouble finding your style, please contact customer service for further assistance. Unfortunately, there is no PDF file for SKUJ. Please contact Customer Service: Please contact Customer Service: 1-866-631-0342 or (718)784-0700 support@armitron.com 1 Hold reset button to the clock. Find the reset button on the top left of the Armitron watch. Hold the button for 3 seconds or until it beeps. You should notice the numbers on the screen start flashing. Depending on the model of the watch, the button may say set instead of reset. 2 Click the mode button to change between hours, minutes, day and date. The Mode button is usually at the bottom right of the Armitron watch. When you press the mode button, the section flashing on the screen will change. This way you can easily switch between changing hours, minutes, day and date. Keep clicking until you reach the value you need to change. Everything that flashes on your watch is the value you change. 3 Increase the number by clicking the St/Stp button. Watch. Whenever you want to change the value, click until you reach the right number. If you need to reach an earlier time or day, keep pressing the button until it cycles over. Check whether you have time installed as an AM or PM on the watch, so all the information is accurate. On some models, such as the WR330, the St/Stp button can be tagged Adj. 4 Click reset in the top left left when you're done. After the correct set of all the information, click the Reset button to block all the information. Check your watch for the next day to make sure the time is right. If you have a fourth button on your watch, it's not used to set time or date. 1 Pull the crown on the side of the Armitron watch until it clicks once to set a date. The crown is the dial on the left or right side of the watch face. Pinch the crown between your fingers and pull it out until it clicks once. If you hear more than 1 click, press the crown back and pull it out slowly. If your watch does not show the date, the crown will be stretched only once to set the time. You can skip this step. 2 Turn the crown until the correct date appears in the window. Rotate the crown clockwise or counterclockwise depending on the model of the watch you are using. Spin your hands for 2 full rotations around watch the face move forward for 24 hours. Continue to rotate the crown until you reach the right day of the week. Don't set the day of the week between 11pm and 5am as this is when the clock will promote it. 5 Adjust the time by rotating the crown. If you have a day of the week and the date is set, turn the crown until your hands point at the right time. Get as close as possible to the right time, so your watch is accurate within a minute or two. Hands won't start moving on their own until you press the crown back. If the watch has a military time dial, make sure it's correct compared to the current time. 6 Tap the crown all the way to set the time. Once you've made all your adjustments, press the crown all the way so it starts again. Check the clock periodically throughout the day to make sure they support the right time. If the clock continues to lag, you may need to replace the battery. 7 Finished. Add a new question question I have Armitron Armitron sports watch with red around it. The alarm goes off every three-ish minutes. How can I stop this? The press mode up to a1 a2 or a3 pops up when he says CHRONO adj or set and fidget with him and it has to work. The question I have is the Armitron Sports watch, the black resin strip strap with the silver plate on top. The model says 45/7042. How do I change the hourly format from 24 to 12? Go to setting the time and then the clock. Change the hour until you get the time you want. It will cycle through wartime, then AM, then PM. The question I need to reset the day; he says Thursday, but it's Friday. How can I do that? Tap the mode until it opens the time change and then press the right side button. The first minutes will blink; Click again for a few hours and then again to allow you to change the day of the week. The question is how do I turn off the alarm on the Armitron watch? Hold the A button to show the alarm clock and then use the same buttons that you use to change the time to set it. The question is how to find a guide for my Armitron watch? It should be in the box he entered. If not, visit the Armitron website and find a guide to your model. The question is how do I turn off the alarm and turn off the alarm symbol on the Armitron watch? Hold the reset and st/stp button (2 top) until it honks twice. Then the alarm goes off. The alarm symbol automatically goes away when the alarm is off. The question is how can I stop my alarm from going off on my Armitron watch? It was accidentally installed. Hold the relief and st/stp (top 2) until the watch is signaling twice. As soon as it signals, the alarm is off. The question is how to turn off the hourly chime? Hold the relief and st/stp (top 2) until the watch is signaling twice. As soon as it signals, the alarm is off. The question is how do I turn off the alarm on my Armitron watch? Hold the reset and start/stop (top 2) until the clock is set twice. As soon as it signals, the alarm is off. Ask a question Thank you! This article was co-authored by our trained team of editors and researchers who tested it for accuracy and completeness. The wikiHow content management team closely monitors the work of our editorial board to ensure that each article is backed up by reliable research and meets our high quality standards. This article has been viewed 196,279 times. Co-authors: 6 Updated: August 24, 2020 Views: 196,279 Category: Set up Watch Print Send Fan Mail to authors Thank you to all authors for creating a page that has been read 196,279 times. Times.

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